

Do you need Neurobalance?

1. Are you depressed and or cannot seem to restore your energy or drive?
2. Do you find yourself chronically busy and have surges of adrenaline and then crash?
3. Are you experiencing neurological problems (being late, losing things, job problems, organization, and memory?) Are they causing harmful consequences?
4. Do you have a history of medical issues caused by physical trauma (illness, car accident, head injury etc) or traumatic events such as abuse (sexual, emotional). This would also include your family history as well, parents etc. Traumatic event would be described as 'An emotional or physical wound or shock causing disruption or distress that creates substantial, lasting damage to the psychological or physical development of a person .
5. Are you experiencing a lot of stress and finding yourself sick or symptomatic all the time? Endless doctor visits?
6. Is your diagnosed illness getting worse and more symptomatic with stress?
7. Are you feeling like you don't have a purpose, direction or passion in your life?
8. Are you dissatisfied with life choices and don't know how to make changes or know what you want?
9. Are you doing for everyone and not getting your own needs met and feeling drained?
10. Are you feeling like your have not experienced your potential?

Physical or emotional traumatic events along with our genetics' can cause biochemical imbalances which in turn with chronic stress and life imbalances are formulas for: Inflaming current illness (depression, MS, Crohns, Fibromyalgia, chronic Fatigue, arthritis, chronic pain, ADD/ADHD, cancer) immunity problems, disease and biochemical imbalances and more. [Want to learn more ? \(click here\)](#)

If you answered yes to:

1 to 2 questions – Your brain and body are **moderately** out of balance and with moderate changes you can stabilize your body& brain for optimum health.

3 to 6 questions – Your brain and body are **chronically** out of balance and are in need of intervention and could in time lead to crisis levels of body & brain imbalances if left untreated or intervened.

6 to 10 questions – Your brain and body are **dangerously** out of balance and are susceptible to illness or disease and are currently causing you body & brain extreme levels of stress.

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